

P.N.T. Brain Technique Reflexes™ Have Astounding, Unexpected Effects On Anxious, Over Active Kids!

**Even Children with Autism and A.D.H.D.
Show Surprising Response!**

The **P.N.T. Brain Technique Reflexes™** are ridiculously simple, and easy to learn! They use a light touch to stimulate specific neurological reflexes (acupressure points) for a few seconds. Even my office assistant and his wife could do them on kids with phenomenal results. This astonishing report offers powerful evidence that these techniques produce a parasympathetic tidal wave of profound relaxation and healing.



“I’ve worked with a 9 year old, high-functioning, autistic boy for the past year. We’ve been focusing on controlling his anger and keeping his body and brain calm. This student states ‘I have a volcano living in my heart.’

“After using the P.N.T. Advanced Brain Techniques™ for the first time on this boy, he stated, ‘that makes my body feel cool, like a calming cool.’ He was focused for the remainder of the session and spoke in the calmest, quietest voice I have ever heard from him.

Autistic Child Comes Out of "Shut Down Mode" in Seconds With the Brain Technique Reflexes™!

“Later in the day he was in ‘shut down’ mode. His fingers were in his ears and he refused to talk or move. I approached him and asked him to tap. Within 10 seconds he took a deep breath and started to engage in conversation, carrying on as if nothing had happened.

“In the past, this could have taken up to 30 minutes to get him to calm down, engage and move from the spot where he ‘shuts down.’”

"I've been working with a 9 year old boy for the past three years. He is diagnosed with Autism Spectrum Disorder, ADHD-inattentive type, anxiety, Sensory Processing Disorder and Selective Eating Disorder. Over the past 3 years, this student has had various therapies and a variety of medications to

ease his symptoms. One of the most recent side effects of his medication was pulling out his hair to the point of bleeding, bald patches on his head, and pulling his eyebrows and eyelashes out.

"He's stopped the medication but the behavior has not been eliminated. When he becomes nervous, anxious, stressed, excited or happy he will start pulling at his hair. I have tried various techniques to help reduce the behavior and nothing has worked.

"I had him do one of the Brain Technique Reflexes™ when he pulled at his hair and the behavior immediately stopped and did not occur for the rest of the thirty minute session. This is especially impressive considering we were playing an intense game with questions that he got wrong and he ended up losing the game. All this passed with no hair being pulled.

"I've seen a 10 year old boy diagnosed with Autism for the past two years. This student becomes very frustrated and his emotions tend to swing from happy to "shut down" quite easily. We were playing a game in which the student got a question wrong. He started to clench his fists, scrunch up his body, and his breathing rate was rapidly increasing. I quickly had him do a Brain Technique Reflex™; within 10 seconds, he calmed down and was able to re-join the game with no problem. In the past, this would have caused him a minimum of 10 minutes to get over the anger/frustration.

A.D.H.D. Child Calms and Focuses

"I've worked with a 6 year old for two years who was recently diagnosed and medicated for ADHD. He has trouble completing any task independently, staying on topic, regulating his voice volume, and modulating his emotions. He gets frustrated easily and will not proceed without an adult finishing/supporting him with the task. These frustrated moments quickly escalate to crying and spiraling tangents that take a minimum of 5 minutes to come back from.

"At the start of the session I did the Brain Technique Reflexes™ on his wrists, and watched in amazement as for the next 30 minutes he problem solved through the entire activity by himself, without asking for help or ever getting frustrated!"

Brain Technique Reflexes Have Profound Anti Anxiety Effect!

"I have a 10 year old female student diagnosed with significantly delayed expressive language disability and selective mutism. She has a history of not answering questions, sharing information in class and refusing to talk to adults. She has no difficulty interacting with her peers. She would come back to the session and I would ask her a simple social greeting question "how are

you doing?" "what did you guys just do in art?" "what did you eat for your snack?" then wait for upwards for two minutes for her to respond. Her response was always shrugging her shoulders.

"I did the Brain Technique Reflexes on her and for the remainder of the thirty minute session would not have to wait longer than 5 seconds for a response to ANY of the questions that I asked her.

"I have a 10 year old student with Autism. He's been getting the Brain Technique Reflexes™ for the past 2 weeks. He sought me out on Friday on his own and stated "thanks Mrs. Koch for teaching me to tap on my wrists, it really helps cool my whole body down." This is so significant because for 3 years we've been working on calming down what he calls the "volcano that lives in his heart." Over the past two weeks his classroom teacher has reported a marked improvement on his ability to bounce back from his frustrations, and not have his frustrations turn into major shut-downs.

"A ten year old boy, diagnosed with Autism, ADHD, anxiety reported "it helps my body when I am wound-up."

"I work with an 8 year old boy who was born prematurely at 28 weeks. He's been diagnosed with global apraxia. He has a significant learning disability and language impairment. He gets easily distracted and often needs directions repeated 3 times before he understands the task at hand. After completing one treatment of the Brain Technique Reflex he looked up at me and stated "it makes my brain forget what I was doing, and focus on what I need to do."

"I did one session with a ten year old girl who is diagnosed with ADHA, significant language and learning disabilities. After stimulating the reflex for approximately 30 seconds, she looked up at me and said "woah." She then completed the activity that she previously refused to complete because "it was too hard and I just can't do it."

"I work with an eight year old boy who has a significant medical history of Ependymoma, and treatment and hospitalization at birth. His emotional responses to situations tend to be on the extreme ends of the pendulum and he can very quickly move from shut-down/refusal to excitedly screaming.

"He was participating in a game where he needed to state three items in a category in 5 seconds or less. Completing a task in a certain amount of time frequently causes him to feel stressed-excited or stressed shut-down. Today he was stressed excited and would scream his answers at the top of his lungs. After completing a series of Brain Reflexes he stopped, sat down and took a deep breath.

"I have observed over the past two weeks of completing short, 30-60 second series of Brain Reflexes with all my clients, the students diagnosed with ADHD have their body/brain slow down so much that they actually yawn."
Adriane Koch, M.S., CCC-SLP Denver, CO.

Dr. Kaufman says: Now obviously I don't know how long these results with kids will last, or what percentage of excitable kids will respond to these techniques. Not everyone will respond. But the procedures are extremely gentle and can't possibly do any harm. There seems to be a huge potential to dramatically reduce the anxiety and runaway brain function that many of these children suffer from, at least temporarily. This would perhaps make them more amenable to learning and various therapeutic interventions.

The techniques are so simple; Adriane picked them up quickly when her husband Scott described them to her. Scott works for me and is NOT a health care practitioner.

Simple P.N.T. Brain Technique Reflex™ Stops Raging Baby in her Tracks!

One of Dr. Kaufman's assistants, Scott Koch, attended the last live P.N.T. seminar and learned the brand new P.N.T. Brain Technique Reflexes™ there. Although not a health care practitioner, the techniques are so simple, he was able to apply them to his 1 year old with rather amazing results!

Scott also showed them to his wife, Adriane, a speech pathologist, who used the Brain Techniques to dramatically calm an autistic child with "a volcano in his heart" (see above story)!



"I used the P.N.T. Advanced Brain Techniques™ on my fussy, teething, 15-month old daughter, Ellie. She was hysterically crying and refusing to lay down for bed. Nothing we tried could calm her down. Once I did the P.N.T. Brain Technique Reflexes™, she immediately "melted" in my arms. She stopped crying and held out her wrists for me to continue tapping. In less than 5 minutes she was sleeping and slept soundly through the night." **Scott Koch, Denver, CO.**

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***Disclaimer:** Calculating generally expected performance results is difficult or impossible, because there is no "typical" user of our products. We've made a good faith effort to share the actual experiences of our doctors and their patients. Every practitioner (D.C., L.Ac, M.D., P.T.,N.D. and L.M.T.) is unique in terms of their background, training, and understanding. Each will apply the procedures in their own unique way. Every

patient is also individual in how they will respond to treatment. Our general impression is that most doctors find the techniques easy to learn and apply from watching the DVDs, and easy on the doctor. Many of their patients with chronic and acute pain will show improvement from these techniques. Some patients do not respond at all. We're always eager to for our students to give us feedback on the results they're getting. P.N.T., the Brain Reflexes™, and the other techniques are not effective for every patient. Several treatments are usually needed for lasting results. These reports were all written by the doctors themselves; they have not been verified by us, and may not reflect Dr. Kaufman's opinion. These are our best testimonials and may not be typical. Your results will vary. These doctors were treated with P.N.T. or other Kaufman Techniques™. We can not guarantee any particular result or outcome from this seminar, health wise, financial, or otherwise; however, we do guarantee your complete and total satisfaction with the material or your money back. Stephen Kaufman D.C. and Kaufman Technique LLC are not responsible for any loss or damage resulting from the use of these procedures or any information on DVD, in class, or in written form. Stephen Kaufman is not responsible for loss or damage in the event the seminar needs to be cancelled. We reserve the right to refuse admission or sales to anyone. All patients with hypertension need to be monitored by a doctor. Note: a few of the later reports and photos are from doctors at earlier seminars, and doctors who have watched the Home Study DVDs.* all material herein c.2015 Stephen Kaufman