

Brain Reflexes Rule!

It's unbelievable, but amazing things really happened to these doctors with the new Advanced Brain Reflexes™!



"My right femur head and trochanter, and low back, had moderate to severe pain for most of the last six months. I went to all kinds of practitioners for help. An x-ray showed decreased joint space and arthritis. An orthopedist gave me oral steroids which dramatically relieved the pain, but the relief failed over the next month. Dr.

Kaufman treated me in the class with the new PNT Advanced Brain Reflexes™, and within an hour all of the hip pain was gone and I was significantly more comfortable changing positions and walking. The next day, the pain is still gone; I'm in great shape.

"I also experienced a meditative and blissful state after the Brain Reflex™ treatments. The Brain Reflexes also helped my breathing. Other doctors I treated in class were surprised by how well they felt from this treatment. These will definitely speed the recovery of my patients when I return home to Houston."

Stuart C. Marmorstein, DC. Houston, TX

"That's so weird" is all I've been hearing all day. I have been using the Brain Reflexes



all day on patients and I can't believe how effective they are for stopping pain. Neck pain gone. Thumb pain gone. Hip pain gone. I even used a Brain Reflex™ while the patient did active right cervical range of motion. It went from 60 degrees painful to 90 degrees pain free in 1 minute. I haven't had this much fun since I first used your PNT techniques 7 years ago.

"I come to the live seminars at least once a year to work with Dr. Kaufman. When I come, I am lucky enough to have Dr. Kaufman use his Respiratory Protocols to relieve chronic respiratory breathing difficulties since having complications with a total chest reconstruction when I was 13. Every time I get worked on I get significant lasting relief of shortness of breath.

"At the October 2014 class, Dr. Kaufman used the new Brain Reflexes™ to

turn off several painful points along my diaphragm and psoas. My breathing immediately improved and to my surprise, my head was as clear as it has felt in years."

Reuben Mickel, D.C. Vancouver, WA.



"After the class I had a patient in hospital overnight who was almost immobile with severe back pain. The L4 reflex was absent. I did the Brain Reflexes™ and he had a stunning response. The patient sat up, and could then walk with no pain. The neurologist was amazed. The patient is now fine.

"I saw a nurse with severe back pain for a long time; she was in antalgic position. She's had epidurals, etc. After the Brain Reflex™ treatment, she was pain free- she ran down the hall like a teenager. The Brain Reflexes have been incredible for back pain, even on a patient on a lot of medication. I'm amazed! I've been amazed before (with P.N.T.), but not like this.

"The Emotional Brain Reflexes™ are dynamite! A family member has a high stress job. After treatment she was much better, and slept through the night."

David Walsh, M.D. Pain Management specialist, anesthesiologist. Board certified in medical acupuncture. Mobile, AL.



"I had a new female patient, 61, present with chronic, bilateral pain on top of the feet, with intermittent neuropathic pain in feet and toes. She was emotionally stressed out during intake.

"The PNT Brain Reflex technique was administered for 2 minutes to support relaxation. Patient reported significant feeling of deep calmness and relaxation throughout her body within a minute. I then asked her to check how her feet felt. **The pain was totally gone...in both feet!** Wanting to confirm that the pain neutralization was holding, I had her walk around the room, and then down the hallway to see if the pain might come back. Her feet remained free of pain and she exclaimed: "You didn't even work on my feet and the pain is totally gone! How did you do that?"

Her feet have been free of pain for over a week as of this report.

Since the October training, I have used the Brain Reflex techniques on nearly every patient with "AMAZING" results!

Every single person has reported a significant drop in stress level during treatment, and many have experienced site-specific, pain neutralization with only the Brain Reflex stimulation. Combined with the other PNT techniques, the Brain Reflex work has resulted in a huge improvement in progress for a couple of dozen patients already!

"I studied trigger point acupuncture with Dr. Janet Travell, M.D. (Since learning P.N.T.), I rarely have the need to needle trigger points any more." **Peter Goldberg, L.Ac. Greater Barrington, Mass.**



"I was diagnosed severe arthritis in my hip. I was treated at the PNT seminar and treatment my psoas definitely helped. The pain that was embedded in my hip (outer thigh) definitely went away. Walking was easier as we walked to lunch.

"I worked on a doctor's psoas, palpated a sore sport, did a Brain Reflex™- and most of the pain was gone. Treated a bit longer and pain was all gone. The Brain Reflex worked!" **Ruby Gordon-Penny, LMT Penrose, CO.**



"I was treated with the Brain Reflexes™, and it was "Wow!" My strongly palpable scalene and psoas pains were gone. That was done by one of the doctors who was also learning and not comfortable with the procedure yet. I've been doing the P.N.T. techniques for 7 years- this is my 2nd live seminar. The Brain Reflexes are a whole other paradigm shift. This is amazing! "

John M DiVelbiss, D.C. Hilliard, Ohio



"I had bladder pain for about a week- it stopped when I had the Brain Reflex™ done. I also had an amazing energy shift- it was almost mind boggling! Since the treatment I have a deeper sense of peace and calmness that just wasn't there before.

"I also had thumb pain for 8 months, feels 70% better after treatment. I've been a naturopath for 25 years, and I've been doing P.N.T. for 10 years. My practice has gone from being nice, to being so much fun! Watching people's faces as they're amazed by P.N.T.- there's not one day that goes by that I don't laugh a good part of the day (with my patients, at the results from P.N.T.)." **Peggy Wells N.D. Matthews. N.C.**



"I've had abdominal pain and discomfort for 3 years. I've had significant improvement the last year with PNT. This morning, Dr. Kaufman treated me with the new Brain Reflexes™ and it's now totally gone. I had an energy shift through my whole body- it's awesome stuff!" **Steve R. Vought Silbis, II.**



"On palpation, I had severe pain on the right side of my abdomen. After using the Brain Reflex™ technique, I had immediate relief in the pain and I mean instant! It was amazing!"

Brian Barry, D.C. Salmon, Idaho

"At the October 2014 seminar, Dr. Kaufman worked on me using his new Brain



Reflexes™. I've had neck pain for about 2 years during which I have tried multiple soft tissues modalities and chiropractic work with no lasting effect. When I sat up after the treatment, Dr. Kaufman was saying something about feeling different, but I was in such a mental fog and my body was being washed by endorphins that it was difficult to make a response. After allowing about 15 minutes for my nervous

system to settle down, I realized how relaxed my entire body was and amazingly PAIN FREE!!! I woke up the next morning, and my hip didn't hurt! I slept all night. Also, the pain in my thumb is still gone the next day.

"P.N.T. has made a PHENOMENAL impact on my business. I use it on every single client." **Debra Vought, L.M.T. Silbis, IL.**



"Today Stephen treated me with the Emotional Brain Reflexes™, for an issue I've had for over 60 years. He did this right before lunch. Over lunch, I started feeling much better and as I mentioned to my son, I had an urge to whistle and sing. Walking back to the seminar, I realized that my breathing was much easier and the pain over my heart area and tightness in my left arm had diminished to a degree that I hardly notice it. Great!!

"3 years ago I was having severe cramping in my arms whenever I'd work for 10 minutes; I was going to have to give up practice. I was looking at retiring from being a chiropractor. Dr. Kaufman treated me one time at a seminar, and I haven't had any problems since. This is my 5th P.N.T. seminar, I fly here from the Netherlands."
Adrian Jasperse, D.C. Netherlands.



"I had rotator cuff surgery on my left shoulder. I had torn the subscapularis muscle away from the proximal humerus and the surgeon reattached with 2 helix screws and cord. They also repaired the subscapularis labrum and repaired the medial bicep tendon. After PT, I was unable to reach behind my back or raise my arm in abduction past shoulder height.

"I had a severe trigger point in my left pectoral muscle that was eliminated using the new Brain Reflexes™. After one treatment by Dr. Kaufman, I was able to have full ROM in my left shoulder both in horizontal abduction and internal rotation. Thank you Dr. Kaufman for your dedication to the healing profession."
Alan J. Weber, DC Moody, AL.



"I volunteered as a patient for demonstration of the Brain Reflex for abdominal pain. I thought I had none. To my surprise, I had level 8 pain in the upper right quadrant. The Brain Reflex™ was used and the pain dissipated by 85%!

"I see a lot of shoulder issues and I get the "Wow!" factor constantly from doing P.N.T. I've been in practice 40 years and I've done a lot of things, but P.N.T. puts the "Amazing!" back into your practice! This was my 4th P.N.T. seminar. Can't wait to put it to use on Monday. I love this stuff!" **Steve Evans, D.C. Longmont, CO.**



"During the lab, I performed the stellate ganglion technique for a hot iliopsoas. This procedure to my surprise eliminated the iliopsoas symptoms within 10-20 seconds! This is a procedure I will be using on many of my patients in the near future with confidence of success."
David Anselmo, P.T. Williamstown, N.J.



"I've had severe chronic thoracic spine pain for years. I get chiropractic manipulations, massage, intersegmental traction, even back rubs. Pain relief was always short lived from a few hours to a few days. Ever since my first seminar with you, 1 ½ years ago, the PNT used on my mid back has lasted all that time. Today there was only one spot that released in seconds and feels great now."

Bill Stempel, D.C. Denver, CO.



"In less than 5 minutes Dr. Kaufman rid me of trigger point pain in my trapezius that has been bothering me for over 20 years. I've had hundreds of massages, acupuncture – complete with electro stimulation, and chiropractic work, all of which would help somewhat but never got rid of the problem completely. Not only is my pain and tightness gone, but I witnessed many other class members gain almost instant relief as well.

"As a geographer, I appreciate Dr. Kaufman's command of the territory and landscape of the body. As a class participant, I appreciate the science behind the technique. As a body worker, I look forward to introducing my clients to this amazing work. As a skeptic, I am still in awe." **Rachel J. Brown, LMT Scotts Valley, CA.**



"Dr. Kaufman's June 2014 Seminar was my first. I was so blown away that I had to attend his next! I volunteered to have Dr. Kaufman demonstrate the Emotional Brain Reflexes™ on me for chronic anxiety having to do with, or brought on by large crowds. I have dealt with anxiety and nervousness since I was about 5 years old, and since that one treatment 4 months ago, I've noticed a huge difference in my general stress level,

especially around large crowds. I am dramatically less anxious in general. Absolutely life changing!

"I'm a massage therapist/body worker and I have been practicing for 7 years. 4 years ago I developed a ganglion cyst on the anterior, superior lateral carpal. "Luckily the cyst went down on its own, however, the pain did not. It wasn't until I had Dr. Don Gay use the Grid technique, as well as a Sclerotome, the pain was eliminated. This was about 2-3 years ago that Dr. Gay worked on my carpal. I occasionally experience minor pain due to wear and tear, but no severe pain and improved ROM dramatically."

Jamie Miller, L.M.T. Canyon City, CO.



"I felt a strange 'pop' in my right knee 4 weeks ago after stepping laterally during a table tennis match and it has been tender in multiple locations since. The Muscle Lock and Key™ technique was used on 4 abnormal tender pressure points; the immediate effect was an almost complete pain resolution in all 5 areas of the knee that had

been involved." **Aaron M Flickstein, D.C. Edina, MN.**



"After 28 years of left trap pain that radiated down my shoulder, arm, and into my face, Dr. Kaufman released the entrapment. Throughout the day, many sensations were felt- from pain to coolness to warmth and then off and on spurts of pain as the area 'woke up'. I feel more balanced left and right side. I was very leery about attending this class but am very grateful that I came."

Patricia Reuther, N.D. Monako, MN.



"I had suffered with TMJ for many years that came with a loud clicking sound, which seriously annoyed my husband. One treatment with Dr. Kaufman permanently resolved the issue. **The click and the palpatory tenderness cleared up immediately, and the jaw healed itself completely over the next few months.** I am happy to say that I have completely recovered and

no longer consider myself to have a TMJ issue.

"I also had 2 treatments at P.N.T. seminars for severe abdominal discomfort and allergies I had for years, and this has improved dramatically. I feel like a new person as far as my digestion!

"This has been miraculous work. Steve Kaufman has done for healthcare, what Steve Jobs did for technology. Made it user friendly and seriously addictive. I'm impressed every day with what I've been able to accomplish.

"Thanks to this superb set of treatment options, I now consider myself to be a capable therapist with a full tool box. I'm willing to tackle issues that I would have never been able to handle, or even consider treating, in the past. My confidence has increased, and my clients have benefited immensely from this technology. I personally have received considerable benefits from these techniques" **Lisa Howie, L.M.T. Aspen, CO.**



"Another great seminar w/ Dr. Kaufman. The new Brain Reflexes are a great addition to the rest of the great techniques he has been teaching. I am excited to start using them first thing Monday morning when I am back in the office.

"Here's a report after last year's seminar: one of my long time patients came in not being able to sleep for the past three nights due to pain in their upper back. The patient was taking a medication for their advanced leukemia and the pain was due to the muscles reacting to the process. Thankfully I was able to reduce the muscle pain using Dr. Kaufman's Facet Syndrome/ Spinal Fixation 2 way Reflexes enough to where they could breathe deeply with no pain and get up and lie down on the table with no pain.

"The second visit two days later they reported they were able to sleep through the night (and the edema in their legs reduced temporarily). They were very grateful for this as they go through their difficult process. I can not express my gratitude for being able to help someone in so much pain." **Robert Jeffrey, D.C. L.Ac., Los Angeles, CA.**



"I've had numerous patients on high doses of narcotics. Within a week or two of P.N.T. treatment, they often don't need them any more. My wife has had rheumatoid arthritis and P.N.T. is the only stuff that's kept her going. This is almost the only stuff she'd let me do to her. Just being able to treat your spouse so effectively is huge!

"I have associates with me virtually every time I come. I have yet to have anyone come (to a P.N.T.seminar) that wasn't extremely happy they came. They go home and it changes their practice. This stuff works!" **Don Gay, D.C. Florence, CO.**



"Dr. Kaufman treated my ileocecal valve and psoas today and was quickly able to neutralize the chronic pain there with the Brain Reflexes™ to about 70%. He then used the Sclerotome for the remaining psoas tenderness. I am interested to see the long term effect of this adjustment over the next few days. While I was being treated, I noticed a definite radiation of well being going from lower abdomen to shoulder, neck, and throat. I felt a tremendous systemic effect from the L2 Sclerotome treatment, which seemed to be greatly amplified as it was done after the brain Reflex treatment." **Mark Sinclair, DC Auckland, New Zealand**



"The Brain Reflexes™ were used to clear psoas trigger points from both sides and they were successfully neutralized. Afterwards, the room appeared significantly brighter and my whole upper spine seems more resilient, more integrated, and much less fuzzy. Also, we were able to restore about 50% of a very restricted, left rotation neck to freely moving over twice as much to the left."

Aaron Flickstein, D.C. Edina, MN.



"I have been suffering from major accidents, the first a car accident in 2003, and second in 2009, and 2 other serious falls. I had 3 concussions in the last 11 years and daily life has been very difficult.

"I avoid moving and my neck that has been significantly painful and when I do move my neck, it has been most limited. And I always avoid forward flexion and extension- my range of motion for my waist and my neck are at about 30 degrees.

"After Dr. Kaufman's PNT magic I had up to 90 degrees. That is amazing! My neurologist implied that my condition was probably permanent as I was not responding to various modalities of physical therapy treatments.

"My last TMJ exam with the specialist said to me that I needed a 6 year treatment plan that included several surgeries, orthodontics for 4 years, and other treatments including several years of different splints. After this extensive plan, the specialist said I still may have the pain, but at least I'd be able to open my mouth to eat. For years I have had to either puree or dice my foods in order to eat. All chewing, even cottage cheese, is painful.

"Dr Kaufman treated my TMJ. At the break following my treatment, I stopped in my room to freshen up. To my astonishment and amazement, while washing my teeth, I stopped in my tracks, realizing in the first time in 5 to 6 years I was brushing my molars. My mouth could open to actually get my toothbrush over my molars to brush them.

"In years I have only been able to get a water pick to my molars for cleaning. Even my hygienist can't complete her cleaning and my dentist of 25 years has referred me out because he can't get an instrument in my mouth. Also, incredibly, I brushed my hair, being able to push my neck in a forward flexion position. Wow! Most importantly, I didn't get the twinkle lights that I get when putting my head forward, down, or in that forward flexion movement.

"Also, I had soup and salad for dinner and didn't need to chop up the lettuce into itsy bitsy 1/2 inch pieces. After chewing my jaw wasn't sore. Today, again, my toothbrush fit in my mouth and amazingly, I could even floss for the first time all of my teeth easily (first time in 5 years). My hygienist never can do any flossing during my cleaning. My mouth can open with at least 2 fingers spread now without pain and yesterday before P.N.T. treatment I couldn't put even one finger in my mouth.

"This morning I even washed my hair, raising my arms over my head without getting dizzy or seeing twinkle lights. Also, I'm still amazed that I can turn my head side to side without having to turn my body. I didn't even use my hand splint last night and my jaw felt relaxed this AM. I've been wearing splints since my first car accident in 2003.

"I am most grateful to Dr. Kaufman for sharing his talents and giftedness that has freed my jaw and neck from severe pain and serious restrictions. Also, another doctor attending this seminar for PNT said he thought I looked 15 years younger after my treatment. Wow! Thank you Dr. Kaufman, this is better and easier than plastic surgery. Looks like PNT is also great for anti-aging. That's an amazing bonus!"

Donna Phelps, Mission Viejo, CA.

"A client of mine sent me the following report after treatment with PNT and the Brain Reflexes™:



"My walking ability was deteriorating and pain level wasn't improving. Going up stairs was a huge challenge and I was still falling often trying to do that. I had been doing everything I was being told to do by my PT and seeing no improvement. I went back to the dr. and we moved into testing to see what the heck is going on. X-rays showed I have "severe arthritis" in my hips and lower discs. Today, I go for an MRI to clarify it even more.

"On the plus side, yesterday I went to my pain therapist who had just returned from a specialized class in Denver on pain reduction. She applied those techniques to me and the change is absolutely incredible. I am not pain free but it is dramatically improved and my walking is infinitely better. She is truly amazing and I thank God for bringing her into my life - both for her almost magical skills and for the wonderful person she is! Love you, Caroline!!!!"

"This client came to me because she was having hip pain and her doctor was recommending epidurals to ease the pain. If she said, "This is INCREDIBLE!" once, she said it about 10-15 times during the (P.N.T.) session!!

"Her hips felt much better and then I worked on her carpal tunnel arm. After I finished, I asked her to make a fist (not having a good grip in that hand annoyed her. Her surgeon told her that her grip strength might not return; it had not in over a year since surgery). She was totally AMAZED when her grip was stronger than it's been since surgery. She was expecting the hip to feel better, but was so thrilled to have better use of her hand."

Carolyn J. Randolph, LMT Palm Coast, FL.



"This is much more than I expected. I've been suffering from significant back pain on bending but a few touches (by Dr. Kaufman at the seminar) made bending and my lower back much easier. It's great."

Kyo Youl Lee, L.Ac. Morton Grove, IL.



"I've had a nagging spot in my left mid back for at least 10 years. I had many types of treatments with slight relief. After Dr. Kaufman applied his technique today, my painful area is feeling 'warm/burning' in a good way. Something is releasing in a deeper level than I've ever experienced with all the other approaches. I literally can't wait to have my patients benefit from this easy, gentle approach."

Petra Eggert, D.C., P.T. Cupertino, CA.



"Dr. Kaufman used several techniques on me on both chronic upper left quadrant pain and chronic low back pain. He found and eliminated, or greatly reduced, a number of tender points. I'm hopeful the results will be lasting. I was also able to quickly eliminate a number of tender points on several other participants in the

workshop!" **Robert Rushing, D.C. Seattle, WA.**



"For about 14 months my right jaw was getting more and more tense, resulting in a crepitating jaw. Today at the Pain Elimination Protocols Mentor Class, Dr. Kaufman performed the Mandibular Reflex and Manual Spinal nerve blocks on my tense and painful masseter and trapezius muscle. The sore spots resolved immediately."

Tim Van Orsouw, LMT, The Netherlands



"With the Brain Reflexes™ I can touch several areas and feel a tremendous relaxation. It feels just like anesthesia, like another doctor said. I feel a tremendous relaxation in my brain and in my whole body. This is a critical aspect of pain. When you relax the brain, the pain does go away." **Chris Griscomb, L.Ac. New Mexico**



"My neck had been stiff for quite a while with a pain shooting up from nowhere! Deborah Vought, LMT treated me using Dr. Kaufman's PNT and within minutes the pain was gone and the whole neck area felt great." **Simmi Grover Sinclair. Auckland, New Zealand**



"It's really beautiful to feel the scalene and psoas muscles melt under my fingers when doing the Brain Reflexes. To me, that's huge. I can see the changes in patients as they go from the sympathetic to the parasympathetic place- the whole room relaxes. The work is powerful." **Martin Benjamin, L.Ac. Mass.**

Disclaimer: Calculating generally expected performance results is difficult or impossible, because there is no "typical" user of our products. We've made a good faith effort to share the actual experiences of our doctors and their patients. Every practitioner (D.C., L.Ac, M.D., P.T., N.D. and L.M.T.) is unique in terms of their background, training, and understanding. Each will apply the procedures in their own unique way. Every patient is also individual in how they will respond to treatment.

Our general impression is that most doctors find the techniques easy to learn and apply from watching the DVDs, and easy on the doctor. Many of their patients with chronic and acute pain will show improvement from these techniques. A few doctors are not able to successfully apply the techniques, and they don't see improvement in their patients. Some patients do not respond at all. We're always eager to for our students to give us feedback on the results they're getting.

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