

Clinical Reports From the Doctors: 2012 Pain Elimination Boot Camp™!

At the June 2012 Pain Elimination Class we introduced many new, advanced P.N.T. procedures, including the Sclerotome Techniques™, the Mandibular Sphenopalatine Reflex™, the Paradoxical Muscle Reflex™, and others. The attendees reported many miracles: this was the most amazing class yet!



"I had dramatic results getting rid of excruciating posterior head and neck pain using the Mandibular Reflex in a 71-year old male patient with post-shingles pain. I also used the Sclerotome Technique to help a 58-year old female with a tender lateral atlas and a pounding headache. Relief was immediate in both cases, and to the best of my knowledge, lasting.

"The Sclerotome Techniques make it very easy to handle pelvic, SI joint and sacral pain. I've also had great results with a number of patients with limited shoulder abduction using the Paradoxical Muscle Reflex™. Awesome!" **Stuart Marmorstein, D.C. Houston, TX.**



"I've had pain/dysfunction in my right wrist for over a year and a half. I was pessimistic, having had many different musculoskeletal treatments for this, which were unsuccessful. However, with one treatment with Dr. Kaufman's PNT my pain has gone and my wrist is back to functioning normally. I've not been able to do a pushup for 18 months, and now I can. Many thanks. I cannot speak or recommend more highly this technique." **Dr. Theo Peters M.D., D.O., Diplomate,**

British Medical Acupuncture Society, Specialist National Health Service Consultant in Musculoskeletal Medicine at the Royal London Hospital for Integrated Medicine. MSK Specialist, Primary Care Rheumatology Society, author. Arundel, England



"It happened again! The day after the 2012 Pain Elimination Class, I experienced the "Kaufman Effect." I now call it "Miracles Monday." Like the patient bent over in acute pain from menstrual cramps experiencing 95% relief in 2 minutes from the new Sclerotome Technique™ ("I love you, Dr. T"). And the patient with Irritable Bowel Syndrome exclaiming "That's amazing!" as I released abdomen trigger

points with the Abdomen Pain Protocol. By now, I shouldn't be surprised because the results are so predictable. Yet it never gets old! Talk about a great ROI!"

Steve Tashiro, M.S., D.C. Lakewood, CO (in practice over 25 years)**



"Dr Kaufman worked on my chronic respiratory problems at the October 2010 seminar and my breathing improved more than it had since I had chest surgery 27 years prior. Recently with the allergy season in the Northwest my breathing had started to become significantly labored again. Dr. Kaufman used the new Respiratory Sclerotome Procedure™ at the June

2012 class and I could instantly feel a huge improvement in my breathing. I also feel much clearer mentally. For the past 6 months I'd felt like I was in a constant state of low blood sugar. What a relief!" **Reuben Mickel, D.C. Vancouver, Wash.**



"I've suffered from chronic cervical pain for many years. Due to loss of function, I had a two level fusion (C4-5, C5-6) done in 2010. Though the surgery was successful, the neck pain has continued and I've been plagued with constant headaches –starting at the base of my skull, extending upwards towards the top of my head. The headaches can be debilitating.

"Yesterday Dr. Kaufman treated me for cervical pain and terrible headaches. The pain went away in 1-2 seconds through P.N.T., in several areas. My headache is gone. I have clarity, I feel as if a heavy weight is off my neck.

"Overnight I slept deeply, and did not wake up. For years I would wake up 10-15 times per night, from a headache. Oftentimes I'd have to move my head 1-2 inches to relieve the pain in the base of my skull/the back of my head. This has gone on for years. I could not sleep on a pillow due to head and neck pain. After Dr. Kaufman's treatment, I slept heavily, peacefully, through the night. I did not wake to reposition my head. I do not have a headache! Dr. Kaufman changed my life and I am so grateful!!"

"Today: Dr. Kaufman worked on me for a few minutes and completely eliminated my pain. Each P.N.T. technique took seconds, and were 100% effective. Dr Kaufman is amazing. I feel wonderful and I am thrilled to be pain free!" **Rhonda S. Nelson, Practice Manager, Fisher Physical Therapy, Woodland, CA**



"I've had thoracic burning pain for 38 years. It gets relieved by weekly adjustments but always returns within minutes. Today, after a P.N.T. Sclerotome Treatment™, I had the most profound relief I've experienced. This includes better posture, relaxation, and easier breathing.

"Also, I've used the Kaufman Epicritic Touch Protocol on 12 patients with dental pain, who were told to have a root canal. In all 12 cases the dental pain disappeared rapidly, and the root canal procedure was not needed."

Steven Lavitan, D.C., L.Ac. former columnist, Dynamic Chiropractic. Paramus, NJ



"I've had neck pain for 25 years. I twisted my neck lifting a patient. I've tried all sorts of treatments, chiropractors, acupuncture, massage, electromagnetic frequency, zero point wand, bio energy and Rolfing to name a few. But I still had pain on palpitation, stiffness and chronic tightness. I also had a tender spot coming from C6.

"During the Pain Elimination Techniques seminar I was treated by Dr. Kaufman and some of the participants. My neck pain and stiffness are almost gone with just a few treatments. It's fantastic stuff." **Aine Delaney, Lic. AC. SRN Galway, Ireland**



"I have functioned well with chronic knee pain for the past 10 years, continuing to walk and run daily, but having knee and hip pain with each step. Stephen treated me and immediately relieved the knee pain, making walking and running easier. The next day I was able to run 5 miles without significant pain. Each step was easier, especially since getting up and walking after sitting for a prolonged time."

Karen Vrchota M.D. Family Practice. Winona, MN.



"Since November 2011 (7 months) I have had left knee pain that did not allow me to squat past 20% range. (I had a surgery scheduled in 4 days that I cancelled to await a stem cell procedure to re-grow the cartilage.) An MRI showed I had a full thickness chondral defect. Dr. Kaufman treated the trigger points surrounding the knee.

"One hour after the treatment I was very anxious to test a single leg squat. On my own, I attempted it and to my complete amazement I was able to perform a full single leg squat without pain! I don't remember being able to do this even prior to me hurting my knee. I will no longer be looking into any surgical intervention and am planning to call my orthopedist to try and lighten his surgical load. Wow, that's amazing!!"

"Also, as soon as I got back to my clinic I used the new Sclerotome Techniques™ to neutralize my Physical Therapy Assistant student's tension and soreness in his upper trapezius muscles. He stated he has had pain in this area for the last 2 years. He immediately noted less tension in his shoulders, but about an hour later stated that he could not remember the last time he had no tension in his shoulder and neck regions. I only spent about 1 minute doing the procedure.



"He was so amazed he then used the Sclerotome Techniques to turn off trigger points in our volunteer's neck. He was so excited to be able to instantly help someone. He'd never seen this type of success before. The technique is quick and easy to learn and just as quick to provide relief. What I love about P.N.T. is that I can now do in 5-10 minutes what used to take 4-5 treatments. The combination of Trigger point elimination with Joint Repositioning for shoulder conditions consistently gives me such quick results that the patients are astounded, it seemed "too easy" to them." **Mark Milleville, P.T. Wheatfield, N.Y.**



"I just had to report that the first patient this morning had sharp abdominal cramping after eating pineapple several hours prior. I did the T12 Sclerotome Technique™ and she stated that within 1 minute she felt "unbelievably" better. It's going to be a fun day in the office today. I'm like a kid with a new toy.

"I used the Sclerotome Technique™ this morning on a patient living with horrible ulcerative colitis for the past 5 years. She is on her last med they will prescribe before they remove her colon. After the sclerotome technique today she said it was the best it has felt in years." **Reuben Mickel, D.C. Vancouver, WA**



"I am a Doctor of Physical Therapy, and I've been in private practice since 1993 seeing outpatient neuromusculoskeletal disorders. I've trained in most manual therapy systems and a multitude of orthopedic PT methodologies. I'm a constant learner and avid practitioner that is always trying to find the fastest, most effective way to release pain and restore function.

"I've seen a fair number of gurus and master instructors in my day both in the more structured approaches as well as many of the more esoteric systems. I shy away from the word "amazing" when describing any good treatment technique, but after a series of actual patients were treated in this seminar and experienced positive results that were completely unexpected - by the patients as well as us! That's the only word to describe the results Dr. Kaufman's techniques yield - Simply amazing.

"It's interesting to hear the disclaimers about how Kaufman Techniques won't work on everybody. This is of course true in all healing methodologies. However, having practiced PNT and the other Kaufman Techniques for almost a year, I have yet to see a patient that did not get a positive response from treatment. I dare say that so far 100% of my patients have responded favorably and therapeutically in some measurable way.

"In our field and in medicine, there are some methods that continue to be administered and are considered good with 40-50% efficacy; so to say that these methods are effective on 100% of my patients seems ridiculous, but it's true (at the time of this writing).

"Moreover, I was already proficient and known as an elite practitioner that gets results where others do not. P.N.T. has taken my game to a whole new level. I'm still waiting on my first non-responder. As a natural skeptic, I still ask my patients, "are you sure?", when they report their results from only a few techniques in one session. But when range of motion improves, strength returns, functional levels increase; you have to acknowledge that a positive effect has occurred. There's your evidence.

"Aside from that, the immediate results in subjective pain relief are nice too - and that's what most of our patients want in the first place. In essence, my patient outcomes are better and faster, and I have patients that are willing to pay out of pocket for this obvious higher level of care. Dr. Kaufman's work has helped me take my practice from a superb healing environment to an elite one. I would definitely be a patient in my clinic, so I'm satisfied...but I'm not done yet!

"This level of training is far from guru-based methods and placebo effects. There are real patients being treated and getting real results - objective and subjective! Interestingly, there was a patient with a cervical problem and another with a knee problem set for surgery; however, after this seminar, there are no surgeries planned. What an awesome experience, and I am excited to apply my new knowledge gained to further benefit my patients and all who want to be healthier, feel better, and move better!" **Dr. Wade Baskin, P.T., DPT, RRT. Executive Director, GT Physical Therapy, Inc. Louisville, MS 39339**



"I had a T12 compression fracture 9 months ago and have had nagging left sided low back pain since. After PNT treatment my pain was quickly reduced by 50%.

"I am 70% better today (2nd day) of the seminar after the Sclerotome Treatment by Dr. Kaufman." **Dr. Atul K. Shah, M.D. Radiologist, Mumbai, India**



"In 1982 I was hurt in the neck in a Naturopathic school class and the pain never went away. I had limited range of motion and pain on the right since then. Dr. Kaufman used his Sclerotome Technique™ (and other techniques) on my neck and the pain (from the injury) has now gone away. Dr. Kaufman is the real deal." **Robert J Sklovsky, PHARM. D., N.D. Portland, OR**



"40 years ago I had a horseback riding accident that changed my life. I was riding a thoroughbred mare and went over a jump; she hit the front rail, stumbled and fell on the other side. My foot was caught in the stirrup and the whole weight of the horse went on my right leg and hip. 16 years ago I had a right hip replacement after the pain and limited use became intolerable. As a result I've had (especially of the last 10 years) increasing joint and groin pain

affecting movement and constant gluteal pain. After Dr. Kaufman's treatment (as I walked back to my room) I could walk with ease that I've not had for 10 years. . . it swings with ease as if it was a "greased socket". **Don Warren, N.D. Ottawa, Canada**



"While attending the June 2012 Pain Elimination Seminar I was treated by D. Theo Peters, M.D., for right lateral epicondylitis. Prior to the treatment I had sharp pain for the past four weeks in my elbow and was unable to straighten my arm. After one treatment my pain has significantly reduced and I have pain free motion in my elbow."

Alan J. Weber, D.C. Birmingham, Alabama



"Wow! That's amazing! Dr Kaufman worked on my right psoas and right low back and the pain, discomfort, and guarding I have had for the past month – since I sprained my back – was gone – completely gone! It no longer feels like if I make one wrong move that it will "go out" again. This is unbelievably wonderful.

"There are a couple of things I'd like to say about PNT: first, sometimes we see a teacher do amazing things to help people, but we are not really able to duplicate his work. Well, with PNT and the way Dr. Kaufman teaches and the DVD's this work is absolutely duplicatable. The second point is P.N.T. is off of the power grid, in terms of healing techniques!" **P.J. Zaramskas, L.Ac. Pollock Pines, CA**



"I have had an extremely sensitive abdomen for 15 years. I don't let anyone touch my belly. The PNT for the abdomen has taken 80% of that away in approximately 3-4 minutes. I feel amazingly relaxed."

Steven Burns, P.T. Knoxville, TN



"I attended the High Speed Practice Growth Seminar October 2011 and Dr. Kaufman treated my upper back pain, which I had had for approximately 15 years. I had been to many other chiropractors with minimal relief. Dr. Kaufman treated me for 2 minutes. I did not feel relief right away. However, a couple of days later when I got home I didn't notice the pain any more and haven't had it since, 10 months later.

"I also bought the PNT DVD's and have been getting consistently good results with my patients. Recently I treated a lady who was getting constant headaches, and had to take a lot of Advil to get through the day; within three visits (with PNT) she had no more headaches.

"At the June class, Dr. Kaufman treated my left shoulder pain of approximately 9 months duration. The pain was worse on abduction to 90 degrees; on external rotation there was a very sharp pain. It was also worse when lifting my 22 month old son and doing weight training.

"The treatment with Joint Re-positioning Techniques, and reducing trigger points in the left infraspinatus using the Sclerotome Techniques reduced the pain dramatically."

Suhill Samji, D.C. Vancouver, B.C.

"At the June 2012 PNT seminar, Dr. Kaufman addressed my right sacroiliac joint which has had chronic tenderness and reduced range of movement for 10-15 years. After performing 2-3 simple procedures, I noted the tenderness was greatly reduced. Later, I tested the range of motion while stretching. The improvement was unmistakable. I could perform much fuller stretch with much less pain in the sacroiliac.

"Dr. Kaufman also treated my chronic tenderness at C6-T2 last October (10/2011). Now, nine months later, I can still report improved motion and greatly reduced pain in that area. Wow! Now that's amazing.

P.S. Last night, after getting home from visiting friends, my girlfriend complained that her head was hurting at the base of her skull. First, I performed the occipital lift, which gave immediate relief to my girlfriend. Next, I found a very tender right atlas and performed the brand new Sclerotome Technique on it. The second I applied the technique; my girlfriend said the pain had disappeared. How cool is that?" **Mark Seitz, D.C. Dayton, OH**



"I'm scheduled to have a root canal procedure in 2 weeks; I haven't been able to drink cold or even room temperature water. After receiving the Epicritic Treatment I can now drink water at room temperature.

"The next day: yesterday I was treated for pain in my tooth- I was scheduled for a root canal. The pain was improved by 80% after treatment. Today, the treatment still holds and I have no pain."

Tong G. Lee, D.C. Temple City, CA



"I can remember several years ago hearing about Pain Neutralization Technique and thinking to myself there was nothing to it. How could something so simple be effective in treating pain? I waiting 2 years and decided to look more closely at your website. Once I started reading I found myself unable to stop. The website is very compelling to read and the number of testimonials are unreal. I ordered the basic P.N.T. DVDs and could not be more amazed with the results I am getting with patients. I took your advice and didn't change any of my treatments but simply

added P.N.T.

I've used PNT on over 100 patients with successful outcomes in all cases except one.

"I saw a male 54 years of age with middle back pain and lower back pain. Moderate to severe sharp pain of an unknown mode of onset. His medical doctor tested blood, urine, x-rays and diagnosed arthritis. He began treatments with pain medication without help, then switched to anti-depressants without long lasting help. This patient has been traveling 2 hours to a large city for treatment from a specialist but without long lasting relief.

"I evaluated the patient and started treatment with the PNT procedures. The patient was shocked when we were able to reduce his pain in half with one very simple painless procedure. Each time the patient has had a follow up procedure the results have improved, each procedure building on the one before and the pain has been continually improving. He started with 8/10 pain and was seen today for the 9th visit and is now pain free. He is very excited but not as excited as me. He has his life back and I'm tickled I could play a part in that. It's amazing to be pain free in 3 weeks.

"I had a patient in pain that even an implanted spinal stimulator didn't help. With PNT I was able to substantially reduce her pain!.

"I had a female patient with severe left inguinal pain. She has a history of difficult and painful endometriosis and gluten intolerance. She told me that it is customary for her to have this type of pain monthly with her cycle. The pain is 7-8 out of ten on a routine basis when this condition flares. I examine her, have her place her finger on the most painful inguinal spot, and I used a PNT procedure. The pain quickly went away. She lights up, in shock, as she is digging into the painful inguinal spot with fingers from both hands trying to find the painful spot she just had and calls over her friend who just started as a new patient, and expressed to her friend that the pain is gone.

"As the patient is leaving the office I can hear her on the cell phone talking to her husband and joyfully telling him what has happened. Ten minutes later, the husband is calling the office to make an appointment for himself. I'll take those kinds of results everyday.

"I saw a 68 year old woman with an enlarged heart and difficulty breathing, with moderately severe pain (7/10) throughout the thoracic and cervical spine. She's had pain for 8 years, constant for the last 6 months. She has had all manner of testing and paid \$10,000 cash out of her pocket to get some answers. These tests yielded nothing regarding the pain but did find the enlarged heart. She had multiple painful trigger points in the

thoracic and cervical spine. I used the manual spinal nerve block that immediately cut the pain to 3/10.

"After using a PNT Technique she instantly said that she can breath much easier. Is the patient perfect? No. But she is significantly better after 3 minutes on the table that she eagerly pays her bill and wants to know when she is to come back. Each visit we have performed fewer procedures and the pain in now at 2/10. She's sleeping better and able to relax and take full breathes.

"I saw a 40 year old female with disc protrusion on MRI, left side radiculopathy and a palpable painful floating knot just left of the L2 spinous process. Her pain was 6/10. With PNT the pain was reduced in half. Her left SI joint was producing the most pain. I did a manual spinal nerve block and immediately her pain went to zero. When she got off the table she was a flat zero out of ten.

"I saw a patient who had both knees replaced, with severe pain in the knees and lower back pain. I treated all the TPS above and below the knee joint- the difference was night and day." **Jay E. Young, D.C. Easley, S.C.**



"I used the Sclerotome Technique today on a greyhound - he was limping on the right front leg, C5,6,7 discs collapsing; he was crying out with pain on mild cervical palpation. After the procedure I pressed very hard just to satisfy my curiosity; there was absolutely no pain. I re treated a 2nd time just because I pressed the trigger pts again.

"The dog was 90% sound on day 2; hopefully we got the remaining 10% today. 3 weeks later: the greyhound is still going strong. I treat almost every canine I see using your techniques." **Jim Watson, D.V.M. , Denver, CO.**



"I had two separate women who came to the office, each with a long standing history of frequent episodes of abdominal pain due to adhesions. One also has scleroderma, and she had just spent 6 hours in the ER after traveling 800 miles from home. The other had pain almost daily, with no effective treatment. Both had tender areas on exam and both had complete resolution of pain with manual spinal nerve blocks. I treated them twice more to be sure but neither had any pain after the first treatment. Needless to say, they were very happy patients!" **Terry Chappell, M.D. Blufton, Ohio.**



"A 90 year old healthy, active female fell in a parking lot putting groceries in her car. She landed on her left gluteal area. She could not get up on her own. She went to the ER, was x-rayed, no fractures were found.

"A week later, she came into my office. She was hunched over her walker and shuffling her feet in small steps. She had a knot in her gluteal area the size of a fist. After using Dr. Kaufman's PNT Techniques, she was able to stand up and walk with small steps without shuffling. She said her pain was reduced by at least 50%.

"I then attended Dr. Kaufman's 2012 Boot Camp where he introduced the new Sclerotome Techniques, before I saw her again. She walked into the office without her walker, not upright, with an altered gait, and on pain meds at night. I used the new Sclerotome Techniques™ with her. When she left the office, she was upright, and had no pain, and her gait was much improved. She said, "This is unbelievable! I feel so much better. At my age, I didn't think I could recover from this fall."

"The Sclerotome Techniques are easy to use and very effective. I love this new work!"
Eleanor DeVinny, D.C. Denver, CO



"I've had chronic low back pain for years. I had an accident 5 years ago where I got slammed into shelving; it caused bulging discs at T2, T3. I ended up with a concussion. I had sharp pain in my upper left quadrant, decreased flexion, and sharp debilitating migraines. I had chronic trigger points in my traps, and loss of movement and mental clarity. I have been to neurosurgeons, neurologists, chiropractors and self-doctored myself to keep functioning daily.

"I live on ibuprofen to get through my days. We also ran and I used to do a lot of sports which I physically can't do anymore. I can't ride my horse without such debilitating pain that it's not worth it. I had recently sent my MRI's off to the Spinal Laser Institute who said that I am a candidate for spinal surgery. This goes against all I believe in.

"I was told by an orthosurgeon that nothing can be done for bulging discs in the thoracic spine, and that I am just going to have to live with the pain.

"Dr. Kaufman worked on my low back pain because I had pain upon flexion. After treatment, as the day progressed I noticed less pain. The following morning I woke up in a hotel bed and jumped right out of my bed, with **NO** pain in my legs or soreness in my back upon waking, which I've had for 20 years. I usually am full of pain upon waking for 15-30 minutes. This was great!

"Today Dr. K worked on my chronic injury in the neck and thoracic spine, and upon getting off the table my posture felt immediately better and the chronic pain in my suboccipital muscles was amazingly gone!!!

"My mental clarity was very good. As the day progressed, my head feels lighter, my walking steadier, my ROM increased. **Overall the best thing for me was that I am not going to have surgery!! I have significantly less pain!!** FYI I am chronically at a pain level of 6-8 out of 10. Following treatment I am 1-2. Thank you so much Dr. Kaufman! **WOW THAT'S AMAZING!" Renee Wallesen D.C. Angora, NE**



"By applying Dr. Kaufman's revolutionary techniques, TMJ treatments became much easier and faster. Patients love it so much, and I am enjoying my TMJ practice without tension or stress. I had 42-year-old lady with clicking and popping jaw; it became quiet in a minute using Dr. Kaufman's technique. The very limited mouth opening (38mm) also went up to 45 mm instantly. A 26-year-old lady had migraine and neck aches, related to her TMJ; they were relieved after only one session. She also

reported that her facial asymmetry has been improving." **Sang Duk Lee, .D.S. Beverly Hills, CA**



"For at least 5 years I've had a very painful upper trap. Usually it goes away after a good massage, but always returns within the week. Dr. Kaufman performed an upper trap trigger point P.N.T. and the pain disappeared. The muscle is still tender from years of congestion, but the acute pain remains gone." **Kathleen Pritchard Vallejo, CA**

"Dr. Kaufman treated me for low back pain at the June 2012 seminar. The pain has been with me for two months. I saw three chiropractors locally that didn't help the low back before the seminar. The back felt completely relieved after Dr. Kaufman treated me with PNT.



"I'm getting clinical results that are better than ever before with a tiny fraction of the effort I was using before, (after attending the June 2012 class and adding the Sclerotome Techniques). The patients are happier than ever, and I have five new patients on the books for tomorrow. Who knew that following simple instructions could be so rewarding!

"The new Sclerotome work you introduced is really streamlining my ability to get people out of pain quickly. It's much more than an incremental change: Having this powerful new option has made working on low backs and shoulders so much easier. It's pure wizardry, based on solid science. Exceedingly gentle, yet it really gets the pain out fast!

Muscle testing can impress people with before-and-after changes, but instantaneous pain relief is much harder to argue with. Thanks for the multi-faceted and multi-layered education!

"Also let me add my voice to the 47 others who are grateful to you and your cameraman for projecting the closeup videos of you at work. It really made it easier to learn. The time you gave all of us shows how much you love this work, and your students. I will plan on being at next year's Bootcamp, for certain." **Stuart C. Marmorstein, D.C. Houston, TX.**



"My patient had pain in the arm and shoulder for more than 20 years and was unable to left her arm up to her head. Her range of movement was about 60%. In less than a minute, after doing the Kaufman Upper Extremity Protocol, she was able to raise arm completely up." **Valerie O'Rourke, R.N. Elk Grove, CA.**

"I had significant back pain and severe inability and pain from normal evacuation. Shortly after Dr. Steve worked on my abdominal reflex and para spinal areas –my back and abdomen relaxed—the pain significantly eased, as well as evacuation without pain." **Thomas Tumbarrelo, D.C. Murrieta, GA**



"I have already used the Grid technique and the Pain Control Patterns for sciatica with tremendous success!! I am so amazed at the results!!!" **Lou DeMott, L.M.T. Texas**



"What a fabulous seminar!!! I have never been to a seminar that the presenter just kept giving and giving and giving great information, especially past the usual scheduled time. I really appreciate all your extra time and effort.

"I have a patient that had severe neuropathy of both feet for several years. It was so severe that he could hardly walk and to touch his feet would cause excruciating pain. The color of his feet were a deep purple and red, with protruding veins in the ankle. After approximately six treatments using your techniques and nutritional supplementations he is now able to not only walk comfortably but the pain is almost completely gone. Needless to say he is beyond happy and I credit it to your very effective techniques.

I also wanted to share a personal testimony about my daughter. She is 23 and recently torn the meniscus in her right knee. After weeks on crutches and taking pain medication she decided to give mom a try to see if I could help her (unfortunately my children have more confidence in western medicine at this time in their lives but they are slowly coming around to the holistic side). After only one treatment her pain was reduced by 80% and held until the next treatment. After the second treatment her pain was completely gone. She was totally amazed! Your techniques are truly AMAZING!!

"I use your techniques on just about everyone that comes through the door and my success rate in alleviating pain has dramatically increased. I look forward to continuing to learn and apply more of your techniques, as so many people can benefit from them."

Stephanie Ward, L.Ac. Fl.



"I've suffered from chronic pain in the upper traps for years. Actually, I have whole body pain. Dr. Kaufman treated my upper traps yesterday and when I woke up this morning my back was very different. I had **no** upper shoulder pain and I could feel my back as one unit rather than individual areas of pain. I have hope that I can improve and heal all my pain with this technique." **James O'Sullivan Darcy San Diego, CA**



"Five months ago our 11-year-old West Highland Terrier injured his right shoulder. My wife took him to the vet, who could find nothing wrong. Two weeks ago, he re-injured his shoulder and I decided to try a cervical manual spinal nerve block one night before he went to bed. Next morning he was no longer limping (he limped for three days prior)! It was a great feeling to help our dog!" **Edgar F Ruble, JR D.C. Schaumburg, IL**

"I had chronic suboccipital pain for about 5 years. Dr. Kaufman treated me and I am NOT experiencing any more pain in the suboccipitals and my range of movement has increased."
Timothy Smith, LMT Hollywood, FL



"I have had pain in C5, 6, 7 and was on disability for 11 weeks due to weakness and aching pain to the right arm in 2012. I had physical therapy and it helped a little but in the past 6 months the pain has worsened. I was planning on retiring next year. Wade Baskin, P.T. did the cervical protocol and worked on trigger points in my back during the 2012 Pain Elimination Bootcamp. The pain is gone and I am able to rotate my head with a much greater range of motion." **Valerie O'Rourke, R.N. Elk Grove, CA.**

"Dr. Dan Michalic worked on my frozen shoulder with P.N.T. and it is much better. I have suffered with it for 9 months and the pain had been almost unbearable."
Gloria Perkins New Braunfels, TX.



"I came to the June 2012 seminar with chronic right-sided cervical to lower thoracic tightness and trigger points. Also, I had a moving vehicle accident the week before the seminar. After 2 minutes of P.N.T. I felt a 'lightening' of the upper trapezius muscles, less of a desire to 'self-adjust' and I was told I was immediately sitting up more erect and held my head higher. One hour later I found it much easier to maintain proper posture." **Mark Milleville, P.T. Wheatfield, NY**



"The new sclerotome techniques are working great thus far (on my first three patients today)," **Shane Conrad, D.C. Colorado Springs, CO.**



"My husband had 2 frozen shoulders. After doing the upper extremity techniques (from the DVDs) the right was 90% better and the left 70%, right away. This was several years ago- they're still 100% symptom free.

"On Thursday I worked on a woman's elbows with P.N.T. When I saw her last night I planned on doing it again. Well, before I started working she said that she was pretty impressed with the results and I asked her why. She said after the one treatment she was able to rub her eye...she had not been able to TOUCH her eye for 14 years!(for some reason she hadn't mentioned that before) Needless to say we are both very excited!

"The cost of all the DVDs I've bought from you has already been far far out weighed by the value my clients and myself have received. How much is it worth that last night my patient walked into my office without her cane????!!!! Up and down the steps too. We have been working to avoid from hip surgery for a year and she has this week given up her dependence on her cane!!! WOW!! I knew it was coming but I wasn't quite sure she knew. How much is that worth to me, but truly how much is that value to her?? I don't think we can put a price on it. That's all from the P.N.T. techniques!!

"The week before I came to the class, I had worked out and done a lot of challenging leg work. My calves were super tight and sensitive during the seminar. A girl I don't even know (someone new to the technique) used the Sclerotome Technique™ to work on the involved muscles. Immediately there was improvement, and the next morning I am tight but the pain has gone from a 9 to a 2.

"Myself, my husband and our 10 children and our 5 (so far) grandchildren are pain free. Come on, what is that valued at????" **Connie Danner, N.D. Amarillo, Texas.**

"I first received the initial P.N.T. DVDs from you about 5 years ago - then Manual Spinal Nerve Block. These immediately allowed us to access symptoms and conditions previously limited in response. I had studied 5 main chiropractic systems completely over my 25 years of practice (I mean completely, not just generic portions), which certainly helped, but your work began to take the help I could give, deeper and faster. It allowed me to greatly reduce the pain for my late wife (also a chiropractor) during her passing from pancreatic cancer, and since then has aided in my treatment of many hitherto inaccessible conditions.

It has allowed me to treat myself of pain symptoms: low back, shoulder, wrist, headache. Posturally, I found application of this work far more effective than any of the chiropractic systems dedicated to postural adjustments (remarkable!). As I have integrated your work more and more during these years, I find myself mainly practicing according to your protocols, using, if at all, more the analysis of one or two of the chiropractic systems than the actual adjustments.

I see many newborns and many elderly, and your work allows me to work with them all with increasing efficacy and in a completely pleasant way, i.e., not causing pain or discomfort. I now have all of your DVDs (I think).

I really want to acknowledge the enormous contribution that you and your work have made in my life, and in the lives of all those with whom I come into contact. You will certainly receive an immense good karma for all of this. (Hope to make it sometime to a live seminar.)" **Mark B. Sinclair, D.C. New Zealand**



"I had a lady come in with severe headaches and hip pain after a fall almost a year ago. She has been walking with a cane since the fall. She came in a day after the first treatment and was walking without a cane. I have seen her a few times since and she states that the hip pain is almost totally gone, except for going up or down stairs which still bothers her a little but is continuing to improve. Her headaches have not returned since the second visit.

"I saw a 13 yo kid that was hit hard in the back with a football. He was taken to the ER and put on an inhaler- he developed a lot of trouble breathing, and was diagnosed with Exercise Induced Asthma. I treated him 3-4 times with the Respiratory Sclerotome Technique™ and his problem completely resolved! He's back running and playing normally." **Terry Williams, D.C., P.C. Ft. Lupton, CO.**



"For those practitioners searching for treatment procedures within their comfort zone, and certainly the comfort zone of their patients, I highly recommend Dr. Kaufman's techniques. As a stand alone treatment or in

addition to your present procedures they are extremely effective. The cervical procedures alone are worth many times over the cost of the DVDs or seminar." **Gord McDiarmid, D.C. Ontario, Canada**



"In just a couple of minutes or less, I could reach my right shoulder behind my back with significant ROM and less stiffness. The Paradoxical Muscle Reflex helped ROM in my neck and my legs within seconds. The meridian bend is brilliant! I was amazed how a trigger point (painful area) in my left abdomen that was present just seconds earlier left immediately. I was ready to flinch due to the tenderness but it was not there. Awesome."

Steven Windley, M.D. Seymour, Indiana



"I injured my left medial knee after a fall and had acute pain in the medial femoral condyle when walking and this had been four weeks. Prior to this I had been running 4-5 miles, 5 days per week and was unable to run.

"Dr Kaufman treated me at the seminar on Saturday, using the Grid Technique. After the treatment I honestly thought he had missed something because there was still very little change in my condition. Upon waking up on Sunday morning, the pain had reduced by approximately 65% and walking was easier. The take home point on this is that sometimes we have to be patient and give the body a chance to heal." **Alan J. Weber, D.C. Mobile, AL.**



"I had a longstanding injury to the right shoulder that caused shoulder and elbow pain to occur on abducting my shoulder beyond 120 degrees. Within 2 minutes of applying one of Dr. Kaufman's techniques in the classroom, I could raise the arm beyond straight up (180 degrees) with no shoulder or elbow pain. Dr. Kaufman treated me at the seminar for low back pain, which abated with the utmost speed. Not bad, after 3 chiropractors in my city could only give me temporary relief, at best. I also had a debilitating and fairly acute plantar fasciitis in my left foot. I had only had it for a week, but it was interfering with my ability to walk, and sometimes hurt when there was no pressure on the foot. His work drastically reduced the severity of the pain, and after taking some supplements to help inflammation and icing it, the pain was gone within two days. I rode my bicycle for half an hour this morning."

Stuart Marmorstein, D.C. Houston, TX.



"I've had neck pain and significant decreased ROM since '95. After one treatment I now have full ROM without pain and stiffness. Even my sinuses opened up and I realize how tense my face/scalp muscles were, which now feel fully relaxed." **Donna Guthery, L.Ac. Bellaire, TX.**



"I am a senior athlete. Back pain has been an off and on challenge for 15 years. Dr. Marvin Wilson, M.D. relieved my back pain using Dr. Kaufman's techniques last year. I was so impressed that I attended this workshop. Dr. Kaufman relieved more pain in a different area in a matter of seconds. You have to experience this to believe it!" **Kathleen Hunter Levy, LCSW Topeka, Kansas**



"I treated a patient with Thoracic Outlet Syndrome of 10 years; in that time, she had flown all over the US and spent almost \$100,000 in medical care! She was in severe pain and unable to sleep. After treating her twice with the P.N.T. techniques, she is out of pain and sleeping soundly. She reported that she had been among the worst 25% of Thoracic Outlet Syndrome cases her specialist had seen.

"I myself had neck pain and restricted motion especially to the left. Dr. Steve treated me and immediately rotation was restored.

Amazing. I have treated many people, but this is the first time for myself. My neck problem is eighteen years of duration, accident caused when I hit cement center divider on freeway, going backwards. I had many types of treatment and years later, no results. I'm excited for future progress.

"I saw a 50 year old male patient who had years of left posterior shoulder pain as well as right sided facial numbness. He had many approaches and treatments to no avail. As he came to me for a third treatment in a six day period he exclaimed the shoulder pain was gone and his face felt normal again. Big WOW!!

"I saw an approximately 60 year old female actress: This beautiful actress does a stage act as Marilyn Monroe. Six months ago while hospitalized for a hernia operation she had pneumonia. She had produced a blood clot below her lung that traveled to create a stroke while in the hospital. She saw me three weeks ago on two consecutive days. Her gait improved. Her left hand changed from plastic looking to a normal looking hand. She is excited and looking forward to going back to work on stage again. Triple Wows!" **Fred Eckfeld, D.C. Santa Barbara, CA.**

"I ordered various of your DVD series some 4-5 years ago and I use the techniques daily on my patients - they blow me away (and the patients) with the results and ease of application!" **Terry Coultis, D.C. Sydney Spinal Care Sydney New South Wales, Australia**



"I have never been able to let anyone work on my ITB and Piriformis trigger points because they were so painful. In this seminar, my pain of 9/10 went down to 3/10 within 10-20 seconds, especially for the piriformis T.P. AMAZING!" **Shirin Hatami, P.T. West Vancouver, B.C. Canada**



"My neck Range of Motion has not been this good in 7 years since my car accident." **Erika J. Comber, P.T. Williamsburg, VA.**



"I could not extend my left arm more than 30° without extreme shooting pain. I've had this since a fall 3 months prior to class. Dr. Kaufman treated me in class, using the shoulder protocol. In a short time I was able to raise my arm over my head with no pain.

"The next day I still had no pain. I was able to raise my arm over my head, no limitation." **Peggy Gray, L.M.T. Colorado Springs, CO**



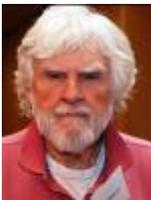
"Before even being treated I was impressed enough by all the testimonials to buy all the DVD sets. Most of the testimonials given were from long standing, severe injuries and if improvement of these injuries wasn't enough to be amazing, the speed of pain elimination was incredible. It should impress the most entrenched skeptic. Finding out how this treatment system can help both you and your patients is a must."

Paul Holman, D.C. Hood River, Oregon

"I am eternally grateful to you for sharing your Pain Neutralization Technique. Patients are appreciative of such a gentle treatment and their response to care is phenomenal!

P.S. Your telephone procedure DVD is an invaluable resource and has resulted in an increase in patient volume." **John Brockway, D.C. Lone Tree, CO.**

"I was treated the first day for chronic low back and hip pain. I experienced increased ROM and the trigger points were released quickly and painlessly. I like the fact that no matter what you are not going to hurt someone with these techniques. One big lesson is that as with any technique, we still have to identify and stop the behaviors or actions that caused the problem in the first place." **Daniel Silver, D.C.**



"I had acute back pain for 3 days with insidious onset. I could barely bend forward. After Dr. K used the Paradoxical Muscle Reflex, there was a great increase in ROM from waist, right away-and reduced back pain – within an hour!" **Robert Good, D.C. Santa Barbara, CA.**



"I was treated in the seminar for my left shoulder pain and neck pain. My shoulder has had pain on abduction for 6 months. Dr. Kaufman did a few techniques, and my shoulder pain on abduction was gone, and my neck range of movement was also increased in a few minutes." **Margaret Mei, M.D. New York City, NY**







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***Disclaimer:** Calculating generally expected performance results is difficult or impossible, because there is no “typical” user of our products. We’ve made a good faith effort to share the actual experiences of our doctors and their patients. Every practitioner (D.C., L.Ac, M.D., P.T.,N.D. and L.M.T.) is unique in terms of their background, training, and understanding. Each will apply the procedures in their own unique way. Every patient is also individual in how they will respond to treatment. Our general impression is that most doctors find the techniques easy to learn and apply from watching the DVDs, and easy on the doctor. Many of their patients with chronic and acute pain will show improvement from these techniques. Some patients do not respond at all. We’re always eager to for our students to give us feedback on the results they’re getting. P.N.T. and the other techniques are not effective for every patient. Several treatments are usually needed for lasting results. These reports were all written by the doctors themselves; they have not been verified by us, and may not reflect Dr. Kaufman’s opinion. These are our best testimonials and may not be typical. Your results will vary. These doctors were treated with P.N.T. or other Kaufman Techniques™. We can not guarantee any particular result or outcome from this seminar, health wise, financial, or otherwise; however, we do guarantee your complete and total satisfaction with the material or your money back. Stephen Kaufman D.C. and Kaufman Technique LLC are not responsible for any loss or damage resulting from the use of these procedures or any information on DVD, in class, or in written form. Stephen Kaufman is not responsible for loss or damage in the event the seminar needs to be cancelled. We reserve the right to refuse admission or sales to anyone. All patients with hypertension need to be monitored by a doctor. Note: a few of the later reports and photos are from doctors at earlier seminars, and doctors who have watched the Home Study DVDs.* all material herein c.2012 Stephen Kaufman