M.D.s, D.C.s, L.Acs Speak: Their Experience With Pain Neutralization Technique (P.N.T.™)!



"Wow" is the word I often hear. **43 out of 49 Low Back Pain Patients Had Instant Relief! 34 Out of 37 Neck Pain Patients Got Immediate Elimination of Pain!** Using just the latest advanced PNT procedure: so far I've treated 49 patients for back pain with only 6 patients reporting less than 50% relief. (One of them had lung cancer which was metastatic to the hip.) 37 patients were treated with neck pain and/or shoulder pain; only 3 of them had less than 50% relief. Most others had more than 90% relief. There were 2 fibromyalgia patients who had 100% relief. 5 patients had good relief of abdominal pain. 7 headache patients had 100% relief. I've also been getting amazing results for HTN. I've had numerous patients have very significant drops of blood pressure with one of the

advanced P.N.T. techniques. 13 out of 16 patients with hypertension had a substantial drop in blood pressure." **Jawad Bhatti, M.D., Midlothian, Va. Board certified, Pain Management, Physical Medicine and Rehabilitation, and board eligible, Internal Medicine. Hospitalist.**



"I've had many exciting responses, immediate elimination of pain and reduction of other symptoms. The techniques are quite effective in reducing inflammatory arthritis pain and swelling in my Lyme patients. In fact all my Lyme Patients this week reported improved mood and decreased pain. 31/32 success stories in 2 weeks. I've used the technique to reverse rapid onset of URI's and UTI's. Patients have found it very helpful in reducing pain, anxiety, depression, insomnia, and muscle spasms. Multiple chemical sensitivities and other allergies decreased. Chronic post abdominal surgery pain of many years disappeared in minutes. This is what I went into medicine for! My prediction- PNT™ will change the course of medicine." Karen Vrchota, M.D. Winona, Minnesota



"Had I not seen it, I wouldn't have believed a system based on simple body physiology could take away your pain so quickly. I and 40 other doctors witnessed several dozen consecutive resolutions or near total relief of chronic pain. Dr. Kaufman's remarkable technique might resolve your chronic pain or even organ dysfunction. It's so simple it's astonishing the technique is unknown in medical school and largely unknown even to chiropractors. If you're like the dozens of physicians I witnessed, you'll exclaim, "wow, that's amazing", or "I just can't believe it." Here's a "hands on" technique that heals the multitudes, by resetting their nervous system reflexes." **Robert Jay Rowen, M.D., editor in chief, 2nd Opinion Newsletter**



"Wow! And wow again! As dramatic as the literature for the Manual Spinal Nerve Block™ may seem, if anything it's understated. My experience over the past months with patient after patient has been phenomenal! Nasty trigger points (like upper trap) and chronic pain patterns literally do disappear in 15-30 seconds using this breakthrough. I've gained such confidence in my ability to handle really tough pain syndromes I'm calling those intractable patients whom I've exhausted my options with and discharged- I feel now there's hope for them!" **Steve Tashiro, D.C. Lakewood, CO.**



"I've had pain for over 20 years at the C7-T1 level that resolved within seconds after treatment at the June Boot Camp. I also had bilateral hip pain for months that I thought was from DJD, but x-ray did not show any degenerative changes. I was having trouble walking. After treatment the pain was gone in 17 seconds; I have no more hip pain." **Terry Williams, D.C. Ft Lupton, CO.**



"Once Dr. Kaufman started showing the techniques I gasped. "Oh my God, he could teach 3rd graders to be healers. The techniques are so astoundingly simple, yet profoundly effective. It's a revolution in healing. I could see its application in class but once I got back to work the reality set in. Before I was starting to feel like a mechanic, cranking and twisting, popping and pulling. Now I feel like a magician, waving a magic wand." **Chris Tusken, D.C., Loveland, CO**



"I've had chronic C5-6 pain since my mare dumped me in the pasture on my head 50 years ago. At the ACAM meeting in Phoenix, 2007, the pain was relieved 90% that day and has remained so for over 6 months. At the Denver Boot Camp, I had chronic medical epicondylitis of the right elbow relieved by one treatment." **George R. Watson, D.O., Wichita, KS.**



"Dr Kaufman's techniques are so simple and effective, they'll turn even the most chronic skeptic into a believer. I work in a high volume clinic seeing between 160-190 patients/week and we use the techniques on almost every patient. How effective are they? Well, we're booked 3 weeks out now and have patients begging to be seen. Learn the techniques and start getting the results you've always dreamed about!" **Joseph Giacona, LAC., Brooklyn, NY**



"Immediately after the ICIM conference I came home to treat my wife's knees (with the Grid technique). She's now sleeping pain free for the first time since last spring. Dr. K. also treated my sister yesterday for plantar fasciitis, a condition that has caused her considerable pain for about six months. Today she has no pain at all." Terry Chappell, Chappell, M.D., president, International College of Integrative Medicine, past president American College for Advancement in Medicine, Bluffton, Ohio



"I treated a female, 45 years old. 18 years before she had tongue cancer spread into the lymph nodes. She had surgery and radiation to treat the cancer. As a result of surgery, she was hypersensitive on right neck and side of her face to the point that she could not touch her neck or face for 18 years. I treated her with the Manual Spinal Nerve Block and her neck and face are now completely normal for the first time in 18 years. Her comment: 'Unbelievable, amazing.' She was referred to me by a local physician." Martin Benjamin, LAc., Lenox, MA



"My patient had acute low back pain, radiating to both legs. When I saw him at home he was unable to move without severe pain. Utilizing the basic Spinal PNT on two consecutive days he was completely relieved of pain. He was amazed." **Emanuel Stein, M.D., cardiologist, Norfolk, VA**



"For 3 months I could not sleep on my right side because of shoulder pain. I also had pain on raising the arm. A participant at the conference performed the Pain Elimination Grid technique and the pain disappeared!" Marvin Wilson, M.D., peripheral vascular surgeon, Topeka, KS



"Besides seeing the amazing results in others, I obtained immediate relief from chronic neck and back pain. It's not returned, weeks later." **Hyla Cass M.D., author of** *Supplement Your Prescription* and *Natural Highs*. **Board of directors, American College for Advancement in Medicine. Pacific Palisades, CA.**



"The day after my treatment, my back and sciatic pain disappeared completely for first time in years!" **Joseph Rich, M.D., board of directors, A.C.A.M. Knoxville, TN**

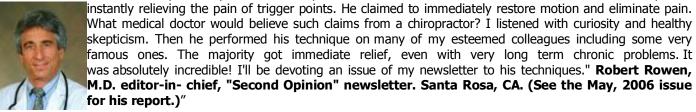


After the seminar I treated a cardiologist and he wrote me the following testimonial- **Helen Law, L.Ac. Princeton, N.J.:**

"I suffered severe neck pain. I had fusion surgery from C4 to C6 in 2003. The pain returned several months ago and I was very frustrated. I had Pain Neutralization Technique performed by Helen Law, L.Ac., after which the pain went away completely and the range of motion was 95% improved. I have not been able to move my neck so freely for many years. On a follow up visit most of the pain was gone except

slight soreness in the right scapular area. The neck was great. After treatment all pain was gone." **Mitchell Fuhrman, M.D.** (Cardiologist) Rosemont, N.J.

From the May 2006 article in "Second Opinion Newsletter": ""Here's a miracle I wouldn't have believed if I wasn't there to witness it. A previously unknown chiropractor delivered a talk about his Pain Neutralization Technique for





"I saw a patient who had SEVERE low back pain for 2 years, so bad that he could not sleep more than 2 hours before he awoke writhing in pain. He had seen 2 surgeons, his MRIs and CT scan's showed 8 different indications for surgery. After 2 Manual Spinal Nerve Block treatments, he slept normally- he has had no pain at all! His surgeon is astonished at the dramatic increase in his range of motion!" **Patterson Stark, D.C. Christ Church, New Zealand, member, American Academy of Anti Aging Medicine**



"The Pain Neutralization Techniques are incredible, this is so much fun to see the look on people's faces when you shut down a major pain. Almost too many cases to list. I had a patient last week with knee pain for a year, and couldn't walk well. I did the P.N.T. and there was absolutely no pain. Walking is now painless! It was amazing! 60 out of 75 patients with high blood pressure showed a significant reduction with the hypertension protocol." **Kerry Randa, D.C. Loveland, CO.**



"In October of 2004, I injured my left lateral meniscus. The subsequent MRI revealed a mild tear. You treated the knee for pain at the fibular head and surrounding area and the pain went from VERY TENDER on palpation to at least 95% improved. Flexion increased immediately by 20-30 degrees. The restriction and tightness was 100% gone!" **Marvin R. Terry, DC Orlando, Florida**



"The techniques continue to be phenomenal, even after several years! They've made my treatments so much more effective and patients love the fact it's not painful. My only complaint is my patient volume has gotten out of hand due to referrals and I can't handle all the people that want to see me. I just got a much bigger office, hired an associate and two secretaries- my practice is exploding out of control!" **Ken Andes, L.Ac, D.O.M** Suffern, N.Y.



"After 5 years of TMJ pain, Dr. Kaufman demonstrated a 3 minute treatment on me. I am amazed how great I feel!" **Christian Distefano, LAc., Suffern, NY**



"This is some of the most exciting stuff I've seen in years. Thanks to you, I'm swamped (with patient referrals)! I've never had these kinds of results with anything. P.N.T. is amazing. (Like you promised) I have patients saying "Wow! That's amazing!" all the time. You've made my practice fun & exciting again which is particularly rewarding as this is my 27th year in practice!! I had epicondylitis for 3 months and after a 2 minute treatment my pain and limited ROM is totally gone!!

"The Pain Control Patterns (P.C.P) have produced amazing results. I had an 87 y.o. man, who's had back surgery, open heart surgery, DJD, DDD. I told him that he wasn't a candidate for spinal manipulation but we could use the PCP. This man was severely depressed from constant pain made worse by even minimal physical activity. I did the PCP and the grid technique and his pain has gone from a 10 to 1-2! I taught my son the sciatic technique over the phone-in 5 minutes, his girlfriend's severe sciatica was GONE! Several patients have had a large drop in blood pressure with the hypertension protocol." James Monk, D.C., Chickasha, OK



"I have a patient who had chronic, unrelenting upper thoracic pain for many years. She responded poorly and temporarily to many techniques. During one of her worst flares I used Dr. Kaufman's pain relief

technique; it gave her 95% relief on the first visit. Truly amazing! After 30+years of practice, this is the first testimonial I've ever written!" **Perry Ruby, D.C., Denver, CO**



"I've suffered chronic neck and shoulder pain for 15 years, from various sports and car accident injuries. I usually have to get aggressive chiropractic adjustments in order to get relief. After just 2 minutes of treatment, I feel great!" **Tom Grant, D.C., Salt Lake City, Utah**



"In just 3 hours, I learned enough to relieve the pain instantly from a 4 year-old injury to my husband's right wrist. I went back to my room at the hotel where the seminar was being held, excited to try the new techniques on him. He wasn't even able to brush his hair without wrist pain. He had **NO** pain when we finished!" **Michele Chambers, L.M.T., 29 Palms, CA**



"It's amazing! I had a headache, stomach problem, fatigue. It's totally gone. I'm so excited to have found this technique. It's very easy and simple but with amazing results." **Taeho Lee, D.C., Dallas, TX**



"I got 100% relief of a knife-like stabbing pain in my mid-back, in less than a minute. PNT is the most consistent pain relief technique I've ever seen. It really is amazing that something so easy to apply can have such profound results relieving pain and restoring function in patient after patient." **Reuben Mickel, D.C., Vancouver, WA.**



"Thank you for giving me my life back! For the past year I've struggled with pain, weakness and numbness due to a lumbar disc herniation. After treatment I now have minimal pain, the numbness immediately disappeared, and I'm looking forward to getting back to activities I love! The last time I ran (over a year ago) I ended up having an epidural injection due to a disc herniation. The day following treatment, I could run without pain!" **Laura Gervais, D.C., Cheyenne, WY.**



"I've used P.N.T.or about a year now and truly this is an amazing technique light years ahead of its time. One patient was described as being on death's door with chronic low back pain and bedridden for years. After only 3 sessions his chronic pain disappeared and he was back to activities of daily living. Friends and family have commented that he's cheated death ".Joey Alcantara, D.C., Calgary, Alberta.



"I've had trapezius pain for 2 years that radiated into my shoulders, bilaterally. I had complete and immediate relief after the treatment. It really is amazing!" **Vicki Lumpkin, D.C., Lubbock, TX.**



"Thank you, thank you! My wife says PNT is the best technique ever—the first time we can shut down one of her headaches immediately! My regular patients are just as impressed! "Amazing" is now an everyday word in my practice. These new procedures are the most powerful techniques that I've learned in 34 years! You've truly taken it over the top this time! Any technique this simple, yet this powerful, is truly going to go wild." **Don Gay, D.C. Florence, CO.**



"I've had upper extremity stiffness and restricted ROM, and severe neck pain for about 7 years. I'm always restricted in the cervicals with painful muscle spasm. I feel like somebody is squeezing and pulling my neck forward. After treatment, my neck feels 95% better!! My head feels significantly lighter, and I can breathe better" **Tomoko Terry, LMT., Stockton, CA.**



"These techniques are spectacular! As a veterinarian I tried PNT on my 15 year-old dog, "Rex". After a few techniques Rex seemed a different dog. He was able to stand quickly and walked with a new freedom. The next day my wife called me, in tears, and relayed that Rex was running in the back yard, like a 2 year-old dog, galloping full strides. I was thinking his days on earth were numbered. I've used the techniques on numerous clients' animals with similar impressive results." **James E. Watson, DVM, Denver, CO.**



"I've had severe neck pain and severe occipital headaches for 15 years. The neck pain was constant, the headaches 40% of the time. I searched desperately for an answer through numerous chiropractic techniques with very little response. At the bootcamp I immediately had 65-70% reduction of pain and a very distinct increase in my ROM. 36 hours later that relief is still the same. I haven't had lasting relief like this in over a decade." **David E. Fray, D.C., Raytown, MO.**



"I had another "wow that's amazing" story this morning. Age 70 female with headaches, trap and neck pain. I used meridian bending technique and I got, "wow that's amazing". I had a 55 year old male patient who's grossly overweight with severe knee pain. After treatment pain went from a 5/10 to a 0/10 in 35 seconds. He felt instant relief. He said "I haven't put this must pressure on my leg in a long time! I also had a patient with abdominal pain and various forms of digestive issues, spasms of the sphincter muscle, etc. I was doing the tissue bending technique and there was a shuttering underneath my fingers, then she said she felt the pain move and disappear." **Tammy Bennett, A.P., Longwood, Fl.**



"Since an auto accident in 1982 I've had cervical discomfort, loss of ROM and sub-occipital headaches. After Dr. Kaufman treated me yesterday about 90% of the pain in the lower C-spine was removed. The ROM is near normal, upper c-spine pain is still gone and I have no sub-occipital or frontal region headache. Much of this pain has been with me for over 26 years!" **Robert McCartney, D.C., Chouteau, OK**



"I've suffered pain in the right shoulder for 2 years, pain that radiated down to my arm. The treatment restored my range of motion without any pain. 2 days before the seminar, I injured my lower back during my morning exercise routine. I could not bend forward or sit. After treatment I am 100% pain free!" **Helen Law, LAc., Princeton, NJ.**



"Today I witnessed seminar participants' chronic pains just disappear. I also personally experienced my own discomforts improve and totally relieve in just minutes. These techniques will be highly sought after to reduce dependency on pharmaceutical intervention and give back life to patients." **Jeffrey S. Fedorko, DC, board member, Foundation for Chiropractic Research, Canton, OH.**



"I had the privilege of having Dr. Kaufman demo his advanced Pain Neutralization Procedures in class. My 20-year sciatica that has become progressively worse, extending to my toes and making it painful to sit/sleep was greatly relieved. His pain techniques are remarkably simple to learn and very effective." **Julie M. Neway, N.D., PhD, Longmont, CO.**



"What was most impressive to me was my self-treatment on my own lateral knee pain. After a simple procedure, the pain is gone. Also, your treatment of a Doc with significant shoulder dysfunction blew me away. Very impressive." **Michael Moralez, D.C., Delavan, WI**



"I had constant low back pain and stiffness for a year. One treatment (at the bootcamp) and the pain and stiffness was reduced by 90%! Truly amazing!" **Alan Wolchansky, D.C., St Louis, MO.**

"I've had chronic low back pain for 48 years. The manual spinal nerve block technique worked incredibly well to very quickly reduce the pain in my low back by 90-95%. " **Brent Peterson, D.C., Logan, Utah**

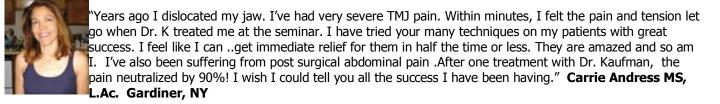


"There are no words to do PNT justice. I've practiced for 50 years and with this work. I wish I had another 50. One of my patients gave me this report, after doing the PNT techniques on him: "During the past 4 years I've have had vision problems in my left eye. As time went on my vision problem got worse with greater impairment and longer durations. Because the problem progressively worsened I saw a neurologist for help. Eventually I found myself nearly unable to function in my job as a police officer as my vision in my left eye was now impaired 24/7. In June of 2008 I went to Dr. Raether in desperation. With his techniques I've experienced relief in the first week. Within 4 weeks the symptoms were gone and stayed away. My

vision is completely restored and I have Dr Raether to thank for that."" Charles V. Rather, D.C., New Holstein, WI.



"I loved the magic you worked on my wife. She had eight weeks of continuous right shoulder pain. I had done everything to resolve it with no results. With one session (at the seminar) she was pain free." **Phil Pollock, D.C. Loveland, CO.**



"I have been getting FANTASTIC RESULTS!!!! This stuff is so effective it's the only treatment I usually use for pain. The PNT results are great and a great compliment to the manual spinal nerve blocks. One patient asked me if I was "praying over her" and several call me "magic fingers." **Derick Russell, PT, Oak Park, II.**

"I'm having many "AMAZING" results from PNT, MSNB and the other techniques since last summer's Boot Camp. I've had 3 patients who had shingles and did the MSNB technique with great results." **Peter Goldberg, D.A. Great Barrington, MA.**



"I can't emphasize enough how important it is that my fellow colleagues take this work. The public at large needs this work desperately. The cervical work is absolutely great. On returning to practice I did an experiment and told patients that I would be doing a different type of work on their necks, a non-manipulative approach. Out of the hundreds I did this on, only one wanted a standard cervical manipulation. The feedback was great on the new techniques and everyone loved it. It still produces a better result on the cervical spine than any other technique I have used in the last 20 years. The low back techniques are incredible. I have been able to resolve several stubborn cases...." **Dr. Dean Odmark, D.C.**

San Antonio, Texas

"The Pain Elimination Grid Techniques are the best of the best. I especially like the TMR procedure to instantly improve range and pain free motion and strength at joints that hurt to move. Even elderly patients with joint replacements often get immediate increases in range and comfort. The first time I did it, I was shocked and excited...so was the older patient! Thanks!!" **John Divelbiss D.C. Hillard, Ohio**

More Info: www.painneutralization.com 800-774-5078 303-756-9567

Disclaimer: these testimonials have all been written by the doctors themselves and have not been verified by Dr. Kaufman. Your results may vary. Kaufman Technique 2693 S. Niagara St. Denver, CO. 80224